

Monday, October 5, 2026

' 2026 Morning Update • San JosØ Morning Briefing • Mon, 05 Oct 2026 02:51:25 GMT • 4:09

Maya: Good morning, San JosØ! It's Monday, October fifth, twenty twenty-six, and this is the very first San JosØ Morning Briefing. I'm Maya.

Devon: And I'm Devon. Bienvenidos we're so glad you're here. Every morning we've got your week ahead: weather, tonight's skies, what's on around the city, and the local stories you should know.

Maya: Let's start with the weather, because October in the Central Valley means one thing: rain. Today, Monday, expect a high of eighty-one and a low of sixty-four, with a one hundred percent chance of rain.

Devon: One hundred percent? That's not a forecast, that's a promise.

Maya: It really is. We're in the heart of the rainy season what Costa Ricans call invierno. Tuesday brings a high of seventy-nine and a low of sixty-three, Wednesday seventy-seven and sixty-three, and the rain chances stay at one hundred percent all week.

Devon: Winds stay light, around six to seven miles per hour, so no big gusts just those classic afternoon downpours.

Maya: Exactly. The pattern is warm, bright mornings, clouds building by early afternoon, and dramatic evening thunderstorms. Keep the umbrella handy every single day.

Devon: And one more thing: the UV index is up around nine, which is very high. Even with the clouds, use sunscreen if you're out around midday.

Maya: Good call. And if you're heading up into the mountains or out toward the coasts this week, conditions can shift fast check before you go.

Devon: Now, tonight's skies. Sunset is at five twenty-five, and it's astronomically dark by six thirty-five.

Maya: The moon is a waning crescent, just thirty-two percent lit, and it doesn't rise until around one in the morning so the early evening sky stays nice and dark.

Devon: Saturn is the star of the show tonight high in the east at sixty-seven degrees, hard to miss once it's fully dark.

Maya: No space station passes tonight, though. And one honest caveat: it is the rainy season, so clouds may crash the party.

Devon: True but if the sky clears after one of those evening storms, step outside. A dark sky and Saturn overhead is worth the wait.

Maya: On to arts and entertainment and what a week to launch with.

Devon: Thursday night, October eighth, Iron Maiden plays the National Stadium at six thirty. The Run For Your Lives tour, celebrating fifty years of the band and it's only their fourth visit to Costa Rica ever.

Maya: Up the irons! Tickets are available through Eticket.

Devon: For something completely different: the National Symphony Orchestra's ninth season concert is Friday, October ninth at eight in the evening at the National

Devon: First, health news: the U.S. Embassy has issued a health alert over a chikungunya outbreak in Pavas, right here in San José. Twelve confirmed cases so far, concentrated in neighborhoods like Villa Esperanza, Finca San Juan, and Rohrmoser. The guidance: use mosquito repellent, wear long sleeves when you can, and eliminate standing water where mosquitoes breed.

Maya: Second: the CDC has posted a Level One travel health notice over a hepatitis A outbreak in Costa Rica. Seven hundred seventy-two cases nationwide so far this year, with five hundred sixty-two of them here in San José province. The CDC recommends vaccination for unvaccinated travelers no need to cancel trips, but take the usual precautions.

Devon: And third, a major security story: Costa Rica has shipped forty-five metric tons of seized drugs to the United States for destruction about ninety-nine thousand pounds, with an estimated street value of more than one point two five billion dollars.

Maya: The Attorney General said budget limits meant Costa Rica couldn't handle the destruction domestically, so a U.S. Air Force cargo plane flew the shipment out of Juan Santamaría airport. The drugs were collected over several months of raids carried out with help from the DEA.

Devon: That's your first San José Morning Briefing. We'll be here every morning at five.

Maya: Pura vida, San José see you tomorrow.