

Sunday, October 4, 2026

' 2026 Morning Update • Tides and Fishing: Point Reyes, Tomales Bay and Bodega Bay • Sun, 04 Oct 2026 12

Maya: Good morning, and welcome to Tides and Fishing, Point Reyes, Tomales Bay, and Bodega Bay. It is Sunday, October fourth, and this is your daily briefing for the north coast.

Devon: That is right. We have tide times for Point Reyes, for Tomales Bay up at Inverness, and for the Bodega Harbor entrance, plus what is biting out there, the marine weather, and a look at the night sky for the night anglers. Let us start with the tides, and the news is calm. Nothing is running above normal anywhere on the north coast today.

Maya: At Point Reyes, out on the open ocean, low water came just after midnight, at twelve fourteen A M, sitting a touch below the zero mark. The flood builds to a morning high of four point four feet at seven thirty-six A M, then eases to a midday low of three point four feet at twelve oh two P M. The evening high is the biggest water of the day, five point six feet at five forty-five P M.

Devon: Up in Tomales Bay at Inverness, the pattern runs a little later. Low water at one forty-two A M, just below zero, then a morning high of four point four feet at eight forty-five A M. The afternoon low is three feet at one fifty-six P M, and the evening high reaches five point three feet at seven oh one P M. Sheltered water in the bay, same ocean rhythm.

Maya: And at the Bodega Harbor entrance, low water at twelve eighteen A M, essentially right on zero. The morning high is four point five feet at seven thirty-eight A M, the midday low is three point four feet at twelve thirty-two P M, and the evening high tops out at five point five feet at five fifty-four P M.

Devon: Tomorrow, Monday, looks like a carbon copy running about an hour later. Highs near five and a half feet at all three stations, lows hovering right around zero in the small hours. No king-tide drama on the horizon.

Maya: Now the fishing. The north coast bite is holding up well. The charter word out of Bodega from late September was solid lingcod action, close to limits or full limits of lings, with rockfish in the mix and a few salmon below the Point Reyes lighthouse.

Devon: And the regional picture backs that up. Party boats working the coast scored king salmon up to twenty-five pounds earlier this month, plus full limits of rockfish and lingcod, with bonito crashing through in the mix. If you are heading out of Bodega Harbor, the rockfish and lingcod grounds are the reliable play, and there are still kings around for the trollers.

Maya: One honest note on crab. The pots stay stacked for now. The recreational Dungeness season does not open until November, and the commercial season is still delayed, so do not plan the crab feed quite yet. And Tomales Bay is your sheltered inside option when the ocean gets lumpy. It is known halibut and leopard shark water.

three to four foot seas, but give it the respect it always deserves. Watch the ebb, watch the breakers on the bar, and pick your window. It is a fine day to be on the water.

Devon: And for the night anglers, look up. The Summer Triangle is high overhead tonight, with Vega, Deneb, and Altair leading the sky. The Milky Way runs from the southwest horizon up through Cygnus, and out here away from the city lights, it really puts on a show.

Maya: Saturn is the planet of the evening. It just passed its best, and it is up all night, bright and hard to miss. Jupiter takes the predawn shift, rising late and burning in the east before sunrise. The moon is just past last quarter, about forty percent lit, and it does not rise until around midnight. So the evening sky stays dark for the stars, and the moonlight joins you for the early morning bite.

Devon: One honest word on the fog. The forecast calls for partly cloudy skies tonight, and the marine layer can thicken fast on this coast. You will get the stars through the breaks, but if the fog socks in, it socks in. Check the sky before you count on it.

Maya: That is your north coast briefing for Sunday, October fourth. Tides are normal, the bite is on, the ocean is calm, and the sky is worth a look. We will be back tomorrow morning at two A M, ready before you are up. Fish safe out there.